

# Support group for divorcees

A SUPPORT group will give men and women who are divorcing, separating or already divorced the chance to talk in small groups.

Brighton has been chosen as the next venue for the group.

From September, group or individual sessions will look at the emotional and psychological impact of divorce.

Charlotte Friedman, a family law barrister, judge and family therapist, started the first Divorce Support Group in London two years ago.

After receiving calls and emails from all over the country, she decided to hold sessions in Brighton.

She said: "There are so many people divorcing or separating and before I started Divorce Support Group there was nowhere they could go for emotional and psychological support.

"Through my groups they can share personal experiences and feel supported by others who understand what they are going through.

Morning and evening courses run for ten weeks and each 90-minute session costs £38.

For more information, go to [www.divorcesupportgroup.co.uk](http://www.divorcesupportgroup.co.uk) or call 020 7483 1378.